

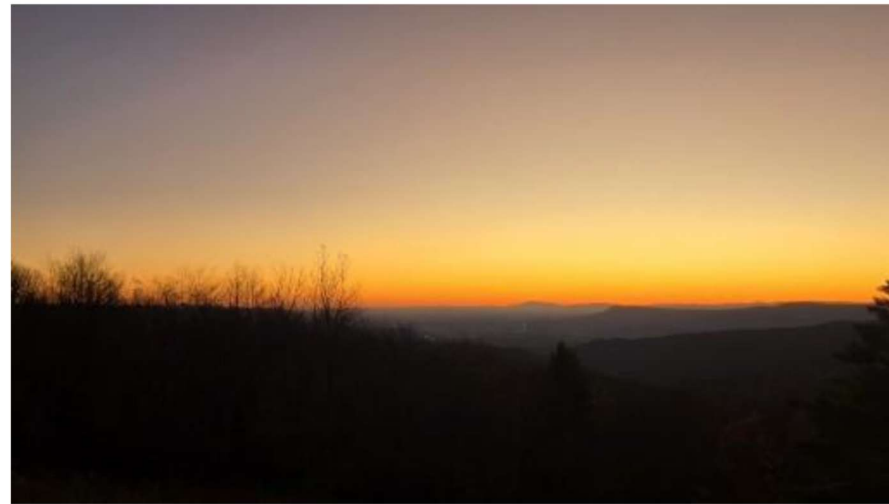
Resting with God: Honoring the Lord's Day

"The Lord made the heavens and the earth and the seas and that which is in them in six days, but He rested the Seventh Day....and declared it to be sacred" (Ex. 20:11).

What does it mean that God rested on the Seventh Day? God is Love (1 Jn. 4:8), and Love is action that never ends (1 Cor. 13). As Love, God continued to hold all creation in existence on the Seventh Day. His attentiveness did not cease because He was at rest.

God's rest on the Seventh Day is active. He intends our rest on the Sabbath to be the same. It is a reorienting of the mind and heart toward things of God. Pope John Paul II wrote that rest is "*man's way of withdrawing from the sometimes excessively demanding cycle of earthly tasks in order to renew his awareness that everything is the work of God*" (*Dies Domini* [DD], no. 65). Rest requires one to deliberately step away from everyday work and refocus on the work of God in one's life.

In this sense, *rest* is neither idleness nor inactivity. In fact, the Pope warns against allowing rest to "*degenerate into emptiness or boredom*" (DD, no. 68). Instead, rest should provide "*spiritual enrichment, greater freedom, opportunities for contemplation, and fraternal communion*" (DD, no. 68). All these attributes of true rest are accounted for in the central act of Sunday: the communal celebration of the Eucharist. The Holy Father wrote, "*[Christians are] obliged in conscience to arrange their Sunday rest in a way which allows them to take part in the Eucharist*" (DD, no. 67; C.f. Canon 1247). In the Sacrifice of the Mass, one experiences a foretaste of the final rest of Heaven (*Sacrosanctum Concilium*, no.8).



Sunday rest is not a blanket ban on work. It is meant to remind us of "*the absolute primacy of God, but also the primacy and dignity of the person*" (DD, no. 68; C.f. Mk. 2:23ff). Thus, works "*and activities which are incompatible with the sanctification of the Lord's Day*" should be avoided (DD, no 67). Serving at the altar and providing music for the liturgy are both work in service of God. Cooking and maintenance of one's household are legitimate duties of family life. Most important, performing works of charity have been part of the Christian life since Jesus healed on the Sabbath (DD, nos. 69-73; Jn. 9:1-41). These activities are not just permitted but encouraged.

One should look for opportunities to serve, whether at home, at the parish, or by charitable works for the wider community. Jesus modeled this by healing the sick on the Sabbath (Mt. 12:9; Jn. 5:1-18; Jn. 9; Lk. 14:1-6). By following His example, one fulfills the second-greatest commandment, "*You shall love your neighbor as yourself*" (Mt. 22:39).

Observance of the Sunday Sabbath means keeping the Two Greatest Commandments in their proper order. First, one must love and honor the Lord (C.f. Mt. 22:37). This is why Sunday worship always takes pride of place. Then, strengthened by the Eucharist, one is prepared to go and "*announce the Gospel of the Lord*" (Roman Missal, 3rd Ed).

Does your Sunday Rest announce the Gospel?

Catholics United for the Faith: 1-800-MY FAITH [693-2484], Cuf.org.

Ask about our FAITH FACTS:

- ✘ Give It A Rest: Sunday Is The Lord's Day
- ✘ Is Missing Sunday Mass A Mortal Sin?
- ✘ Christian Stewardship: What God Expects From Us

© Copyright 2026, Catholics United for the Faith



* HARRISON COUNTY * CATHOLIC CHURCHES



**Sacred Heart Church
Hopedale**



**St. Matthias
Freeport**



**St. Teresa of Avila
Cadiz**

APRIL 26, 2026 FOURTH SUNDAY OF EASTER

FOR OUR VISITORS

RESTROOM FACILITIES

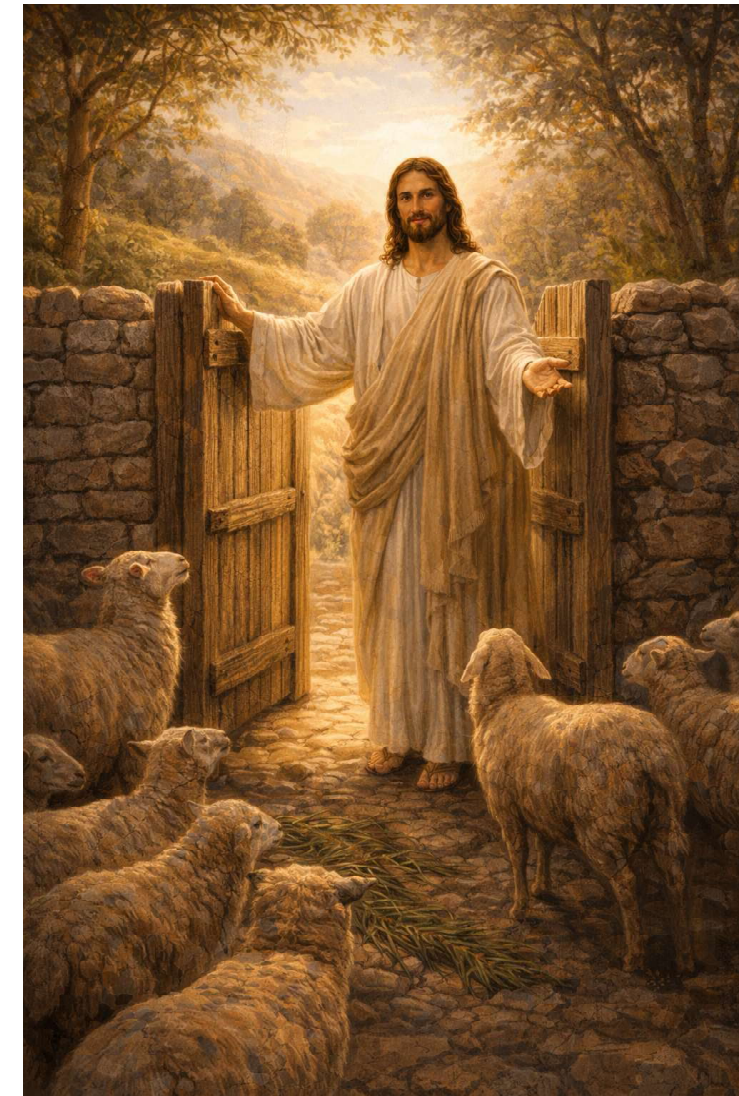
FREEPORT ST. MATTHIAS - The restrooms in St. Matthias are located off of the gathering room behind the worship area.

CADIZ - ST. TERESA - There are no restrooms in the church itself. Restrooms are located in the Activity Center which is the building right next to the church at the back of the parking lot.

HOPEDALE - SACRED HEART - The restrooms are located in the basement of the church but you have to go outside and down to the front of the church to access the basement and restroom facilities.

SCRIPTURE FOR THIS WEEK

SUN - Acts 2:14a, 36-41, Psalm 23:1-3a, 3b-4, 5, 6, 1 Peter 2:20b-25, John 10:1-10
 MON - Acts 11:1-18, Psalm 42:2-3; 43:3, 4, John 10:11-18
 TUE - Acts 11:19-26, Psalm 87:1b-3, 4-5, 6-7, John 10:22-30
 WED - Acts 12:24-13:5a, Psalm 67:2-3, 5, 6 and 8, John 12:44-50
 THU - Acts 13:13-25, Psalm 89:2-3, 21-22, 25 and 27, John 13:16-20
 FRI - Acts 13:26-33, Psalm 2:6-7, 8-9, 10-11ab, John 14:6
 SAT - Acts 13:44-52, Psalm 98:1, 2-3ab, 3cd-4, John 14:7-14



★ HARRISON COUNTY CATHOLIC CHURCHES ★

St. Teresa of Avila (Cadiz) - Sacred Heart (Hopedale) - St. Matthias (Freeport)

Parish Offices: 143 E. South St. - Cadiz, OH 43907

Pastor: Rev. Frederick Kihm

(740) 942-2211 - email: d_vargo3@yahoo.com or fkihm@diosteub.org

<https://www.harrisoncountycatholicchurches.org>

*ST = at St. Teresa, SH = at Sacred Heart, SM = at St. Matthias
The Rosary is recited one half hour before all weekend Masses.
Confessions will be heard after Mass at Sacred Heart and St. Matthias and
Tuesdays after 4:30 PM Mass at St. Teresa*

| | | | | |
|------------|-----|----------|----|---|
| 04/25/2026 | SAT | 4:30 PM | ST | Myron Fledderus (Susan & Gary Jamison) - 5555 |
| 04/25/2026 | SAT | 7:00 PM | SM | David Bober (Janice Snyder) - 5657 |
| 04/26/2026 | SUN | 9:30 AM | ST | People of Our Parishes |
| 04/26/2026 | SUN | 11:00 AM | SH | Fr. Fred Kihm (Birthday) (HC CWC) - 5691 |
| 04/27/2026 | MON | | | NO MASS |
| 04/28/2026 | TUE | 4:30 PM | ST | Dorothy Luther (Diana R. Vargo) - 5632 |
| 04/29/2026 | WED | 4:30 PM | ST | Rego Louis Darios (Joseph W. Darios) - 5624 |
| 04/30/2026 | THU | 4:30 PM | ST | Albert Zambon & Family - 5315 |
| 05/01/2026 | FRI | 12:15 PM | SH | Intentions of the St. Joseph Foundation - 4999 |
| 05/02/2026 | SAT | 4:30 PM | ST | Steve Ornouski (Linda Morgan) - 5576 |
| 05/02/2026 | SAT | 7:00 PM | SM | Patricia Dandr (Jeanette Hamilton) - 5710 |
| 05/03/2026 | SUN | 9:30 AM | ST | Louis Martin, III (Barry & Carolyn Peterson) - 4693 |
| 05/03/2026 | SUN | 11:00 AM | SH | People of Our Parishes |

PARISH SCHOOL OF RELIGION CLASS: will be held Sunday, April 26th at 8:30 AM- before the 9:30 AM Sunday Mass. We will meet in St. Teresa's Activities Center. (Next class: May 3rd).

SYMPATHIES & CONDOLENCES: Our deepest sympathy and condolences go to Jeanne Phillips of St. Teresa on the death of her husband, Tom, who died last week. May he rest in eternal light, peace and happiness. Amen.



WELCOME: to Isaiah Michael Hartzell, who was baptized last Sunday, April 19th. His parents are Jodie and Kara Hartzell, parishioners of St. Teresa of Avila.

VOLUNTEERS FOR EUCHARISTIC ADORATION NEEDED: Eucharistic Adoration is held from 1:00 - 4:00 PM, every Friday following the 12:15 PM Mass at Sacred Heart. We need volunteers for one hour per month, or every two months, or whatever you can give. If you could help out, please complete the sign-up sheet in the church vestibule and we will contact you so that you are on the schedule at your convenience.

CHANGES: Please notify the rectory of any changes with your address, telephone number, (if you no longer use your landline phone, please give us your cell phone number), or email address. It is your responsibility that we have accurate contact information for you and your family. You never know when we may need to contact you.

If everyone, everywhere, at all times and under all circumstances followed the teachings of Jesus Christ and His Church, the world would be so much more like heaven, and so much less like hell!

Fr. Fred Kihm

PLEASE REMEMBER IN YOUR PRAYERS

Tammy Belon, Michael Beckler, Ginger Russell, Julie Meyer, Fr. Mark Moore, Richard Kidd, Sharon Leck, Lisa and Baylor Barger, Joyce Antol, Celeste Coelho, Irma Filippi, Jerry Jackson, Cherilynn Morgan, Dolly Ferraro, Joanne Raha, Ann (Fledderus) Crouse, Fr. Chester Pabin.



PLEASE REMEMBER YOUR PARISH CHURCH IN YOUR WILL!

POPE LEO'S APRIL PRAYER INTENTION: For priests in crisis—Let us pray for priests going through moments of crisis in their vocation, that they may find the accompaniment they need and that communities may support them with understanding and prayer.

YOUTH ENVELOPES: There are youth envelopes in the back of the church for children to use. It goes without saying that generosity is a virtue that needs to be learned at an early age.

2026 D/PSC GOALS

| | Last Year - | This Year - | Difference |
|----------------|-------------|-------------|------------|
| St. Teresa - | 12,536 | 10,106 | 2,433 |
| Sacred Heart - | 7,918 | 5,663 | 1,545 |
| St. Matthias - | 4,714 | 4,501 | 213 |

MADONNA PLAN & CROSS CATHOLIC OUT-REACH COLLECTIONS:

Every year the Diocesan Council of Catholic Women (DCCW) takes up a collection for the Madonna Plan and Cross Catholic Outreach through the parish CWC Units.

The Madonna Plan is a catholic organization that works to meet the health, nutritional and educational needs of women, as well as development projects that help women improve their economic security and the life of each family. Cross International Catholic Outreach helps the poorest of the poor and needy women around the world by delivering food, shelter and hope. NO administrative fees are retained by them; all moneys go directly toward the projects. On May 9th - 10th, Mother's Day weekend, our Catholic Woman's Club will give you the opportunity to join them in supporting these worthy causes. Your gift will help the poor and their communities materially and spiritually for the glory of Jesus Christ. Thank you.

K OF C ACCEPTING DONATIONS:

The Knights of Columbus Council # 4590 is accepting donations of non-perishable food items including laundry detergent, cleaning supplies and new or gently used clothing for the Cadiz Food Pantry. Please leave the items in the church basement (Hopedale) or in the Activity Center Lobby (Cadiz). Monetary donations will also be accepted and may be dropped in the collection basket. Make your check out to the Knights of Columbus Council #4590 and on the memo line write: "Cadiz Food Pantry". Thank you for helping the needy of Harrison County.

Contributions & Donations

ST. TERESA
Regular: \$1,025.00
Building Fund: \$204.00

SACRED HEART
Regular: \$508.00
Building Fund: \$173.00

ST. MATTHIAS
Regular: \$180.00

GOD BLESS EVERYONE WHO HAS DONATED TO THE SUPPORT OF OUR CHURCHES!